



ATHLETIC HANDBOOK FOR STUDENT-ATHLETES AND THEIR PARENTS

THE MAGELLAN CHARTER SCHOOL MISSION

The mission of The Magellan Charter School is to provide a challenging intellectual journey for highly motivated students.

ATHLETIC STATEMENT

This athletic handbook is designed to inform athletes and their parents or guardians of the rules, regulations, and information that continues to help develop the rich and competitive tradition of The Magellan Charter School. Athletic participation on our teams is a ***privilege*** and not a right. Those who choose to participate are expected to follow the code of conduct established by the school as well as specific coaches' rules for their sport. Athletes should always remember that they represent their family, school, student body, and community.

ATHLETIC MISSION

The athletics mission is to provide a competitive athletic program that helps students grow and develop into healthy young adults.

ATHLETIC PHILOSOPHY

The Magellan Charter School athletic department believes that competitive athletics are desirable as part of the overall educational program of the school. To achieve maximum effectiveness, the athletic program must be closely coordinated with the instructional program of the school. The welfare of the individual takes precedence over any other interest.

We aim to provide a competitive schedule of interscholastic contests seeking to build positive rivalries, new friendships, improved playing skills, self-confidence, and enjoyment of participation, better community relations, sportsmanship, group interaction, discipline, leadership, and teamwork. A selection process is utilized by coaches in specific sports according to the number of participants and player abilities.

ATHLETIC COUNCIL

The Athletic Council consists of a board member, the school administrator, athletic director and coaches. The athletic director serves as the council chairperson, and meetings may be called as needed. The council's functions consist of submitting and legislating The Magellan Charter School athletic policy.

ATHLETE PARTICIPATION REQUIREMENTS

General Regulations

To be eligible for tryouts, practice, or participation in interscholastic athletic contests, a player must meet all eligibility requirements:

- Age policy: shall not participate if he/she becomes 15 years of age on or before October 16 of the school year
- Academic and Attendance Requirements
 - All students participating in athletics can have no more than four(4) absences of any class during the trimester of participation. Excused absences will not count against these totals when course work is made up.
 - All students participating in athletics shall demonstrate an acceptable level of achievement as follows:
Students shall earn a grade of A, B or C in each subject during the preceding trimester prior to participation.
 - Students with identified disabilities academic eligibility is determined by the student making progress toward meeting the educational goals on the IEP as determined by the school-based committee. □A student with a disability must meet all other requirements that apply to the regular education student such as age, attendance, and other requirements.
- Receive a medical examination once per school year.
- Purchase regular school accident insurance or present an insurance waiver form signed by parents or guardian. Insurance information must be on file at Magellan.

When an athlete is suspended from school (either in or out-of-school) or is actively reprimanded for unsatisfactory conduct during school, he/she may not participate (practice or play) in any athletic event that day. Depending on the severity of the offense, the athlete may incur additional days suspended from participation.

Athletic Policies

- Students must meet all eligibility requirements before tryouts/practice.
- Students must practice a total of five (5) days before playing in a game.
- Prior to participation, students must have all completed athletic forms on file at Magellan.

INTERSCHOLASTIC ATHLETICS

Interscholastic athletics have a vital place in the total educational program when they are effectively planned, organized, administered, supervised, and evaluated. Through school athletics, many of the interests and needs of young people can better be served than through any other channel. For this reason, it is important that school administrators, teachers, students, parents, and community personnel determine what educational objectives seem most desirable and plan athletic programs in keeping with the overall purposes of the school program. These additions should be printed in handbook format and provided to all member schools to ensure compliance and fairness.

Underlying every phase of the athletic program should be a primary concern for the athlete as a person, student and a member of society. At all times, emphasis should be placed upon progressing levels of maturity, both physical and emotional; upon integrity, both personal and social; and upon responsibility, both for one's self and to all involved in the athletic program. Any play between organized teams or individuals from different schools is defined as an "interscholastic athletic contest" and shall be subject to all regulations pertaining to such contests.

Statutory Provisions – "Local boards of education shall make all rules and regulations necessary for the conducting of extracurricular activities in the schools under their supervision, including a program of athletics, where desired, without assuming liability therefore provided, that all interscholastic athletic activities shall be conducted in accordance with rules and regulations prescribed by the State Board of Education." G.S. 115C-47(4).

STATE BOARD OF EDUCATION REGULATIONS

Realizing the need for acceptable standards for the operation of sound athletic programs on a state-wide basis, county and city superintendents, principals, and coaches of the state devised and recommended minimum regulations for consideration by the North Carolina State Board of Education (SBE). The standards, "Regulations Governing Athletes," were first adopted by the North Carolina SBE on June 5, 1952. These regulations, which are kept up-to-date through frequent amendments, have been considered as minimum standards for each local administrative unit to abide by or surpass in its efforts to maintain the highest possible standards relative to its interscholastic athletic program.

The following guidelines and stated rules apply to middle/junior high athletics. The rules and regulations are established by the SBE for the following purposes:

- To maintain consistency in the governance of the middle/junior high school athletic program throughout the state.
- To enhance opportunities for fair play and competition.
- To promote safety for students who choose to participate in athletics at the middle/junior high school level

- To impose sanctions on schools, coaches, players, spectators, officials and anyone involved in the athletic program who do not adhere to the rules and regulations and subsequently violate the intent or substance of these rules and regulations.

AFFILIATION The Magellan Charter School competes in interscholastic athletics as a member of the Triangle Middle School Conference. Other members of the **TMSC** includes Bethesda Christian Academy, Cary Academy, Cary Christian, Cresset Christian Academy, Crossroads Christian, East Wake Academy, Franklin Academy, Grace Christian School of Raleigh, Grace Christian School of Sanford, Kestrel Heights Charter School, Neuse Christian Academy, North Raleigh Christian Academy, St. David's School, St. Timothy's School, and Trinity Academy. The conference website is www.eteamz.com/trianglemisc/ .

ATHLETIC TEAMS

The Magellan Charter School competes in the following fall sports: boys soccer, girls tennis, girls volleyball, boys and girls cross-country; in the following winter sports: boys basketball, girls basketball; in the following spring sports: boys baseball, boys tennis, girls soccer.

DISCIPLINE

Coaches are employees of the school. Therefore, all school policy and standards of behavior for students set forth by the administration will be carried out by the coaches at practices, games, and on road trips. Disciplinary actions for misconduct will be applied. Serious offenses will be brought to the attention of the administration.

DRESS CODE

Appropriate apparel, as outlined in the student handbook, should be worn for all road trips, in addition to before and after games. Dependent on the discretion of the coach, teams should be dressed in one of two options:

- 1) Boys are to wear dress shirts with ties and girls should be neatly attired with skirts or dress pants
- 2) Teams may wear their current season t-shirt/sweatshirt.

Dress code policy applies unless teams go to the game in uniform.

EQUIPMENT AND UNIFORMS

All equipment used by athletic teams at The Magellan Charter School is the property of the school. At the beginning of each season, the coach will be given an inventory of the equipment checked out to him/her. The care of the equipment is the responsibility of the coach. After each practice and game, a careful check should be made to make sure that all equipment is accounted for. No equipment should be checked out to students for

personal or home use. At the end of the season, all equipment should be returned within one week of the final game.

Uniforms are the property of The Magellan Charter School. The booster club provides the funds for purchasing uniforms. The coach has the responsibility for distributing and collecting uniforms. Athletes are responsible for the care of the uniform and should follow the manufacturer's instructions for cleaning after each use. ***An athlete who loses a uniform must pay the replacement cost for that uniform. Uniforms which show more than normal wear may also have to be replaced and must be paid for by the student.*** Uniforms are not to be altered or tailored by the athlete. Athletes are to wear the complete uniform provided by the school at games and games only. They should not be worn to school, practice, or used for other recreational activities. (Athletes are to be in complete uniform for team pictures, which are made each season.) All uniforms are to be cleaned and returned to the coach and accounted for within one week of the final game of the season.

FACILITIES

Extreme care and caution should be taken in the use of facilities. Coaches should enlist the help of athletes to ensure that every field and court is left in the condition in which it was found. All cups, bottles, and other trash should be picked up. Any student defacing or destroying property will be disciplined according to school policy. Activities by teams should be limited to the area specifically designated for the team's use. All other areas are off limits.

SPORTSMANSHIP FOR ATHLETES AND COACHES

Be modest in victory and gracious in defeat; respect the judgment and integrity of game officials.

Athletes and coaches at The Magellan Charter School are to be exemplary in their display of sportsmanship during games and practices. **Team members should congratulate opponents after a game with a customary handshake and kind word.** Physical and/or verbal abuse aimed at an opponent, official, coach, or teammate will result in immediate discipline by the coach, and possibly, the administration. Taunting and/or inappropriate language directed toward an opponent or teammate is not "part of the game", and is inconsistent with the mission of The Magellan Charter School. An athlete ejected from a contest is automatically suspended for the next game, but may sit on the bench. All ejections are to be reported to the athletic director no later than the day after the ejection takes place.

SPORTSMANSHIP FOR STUDENTS AND SPECTATORS

Students and spectators should:

- Realize you represent the school as does a member of the team; therefore, you have an obligation to be a true sportsman, encourage through this behavior the practice of good sportsmanship by others.
- Recognize that good sportsmanship is more important than victory by approving and applauding good team play, individual skill and outstanding examples of sportsmanship and fair play exhibited by either team.
- Remember that the primary purpose of interscholastic athletics is to promote the physical, mental, moral, social, and emotional well being of the players through the medium of contest.

TRANSPORTATION

Transportation to all home and local away games is the responsibility of the parents/players. Please be sure to read the liability statement on the athletic participation permission slip. The Magellan Charter School does not provide transportation for teams to any off-campus games, matches, or events.

PARENT RESPONSIBILITIES

Parents of student-athletes are a vital part in the sports program at The Magellan Charter School. It is crucial to have strong parental involvement, providing the following necessary duties:

1. Team coordinator:
 - Acts as liaison between coach, team, and booster club.
 - Communicates team business
 - Coordinate all volunteers and ensure they have performed their responsibilities (***banquet, team fundraiser, practice parent, driving, and refreshment schedule***)
 - Collects all fees for the Booster Club
2. Practice parent:
 - Provides supervision of practice facility during practice
 - **Monitors student-athlete pickup after practice by remaining with all athletes until they are picked up**
3. Sport Specific Duties (Including but not be limited to the following):
 - Act as line judges for volleyball
 - Act as scorekeeper and clock operators for basketball
 - Maintain baseball field
 - Provide course assistance for cross-country
 - Assist with facility clean up after contests for all sports.

WHAT PARENTS CAN EXPECT FROM THE MAGELLAN CHARTER SCHOOL'S ATHLETIC DEPARTMENT

- A safe, caring, challenging environment
- Communication about athletics and our athletic philosophy
- Fairness and consistency
- Communication regarding any disciplinary action
- Professionalism
- Respect
- Information regarding practice, games (locations/times) and other team requirements
- An emphasis on the proper ideas of sportsmanship, ethical conduct and fair play.

WHAT PARENTS CAN EXPECT FROM THE MAGELLAN CHARTER SCHOOL'S ATHLETIC COACHES

- Emphasis on values derived from playing the game fairly.
- Establishment of a positive relationship with visitors, visiting teams and officials
- Demonstration of a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- Encouragement of leadership by the athletes on the team
- Support of the Magellan Charter School athletic philosophy, keeping in perspective that an athletic contest is only a game
- Monitoring of matters which are detrimental to the welfare of the conference and reporting to the proper authorities when appropriate
- Promotion of healthy lifestyles

WHAT THE MAGELLAN CHARTER SCHOOL ATHLETIC DEPARTMENT EXPECTS FROM PARENTS

- Respect
- Support for our philosophy, teams and coaches
- Athletes **to be picked up on time** from practices or games
- Adherence to the Triangle Middle School Conference and The Magellan Charter School's Sportsmanship rules when attending a game or match
- Communication of concerns to occur at the appropriate time
- Support of disciplinary actions
- Notification of any illness, injuries or missed practices.

PROCEDURE FOR ADDRESSING CONCERNS

Coaches are professionals. They make decisions based on what they believe to be the best for all athletes involved. Accordingly, the following issues are not appropriate to discuss with the coach:

- Playing time, positions, starting status, rotations, etc.
- Team strategy
- Play calling
- Other student-athletes

Please do not attempt to confront a coach before or after a contest or practice.

Listed below is The Magellan Charter School's Athletic Department procedure for addressing any concern regarding a child's athletic experience. Please use the following steps until a resolution is in place:

- 1) Have your child speak to the coach.***
- 2) Arrange an appointment to speak with the child's coach.***
- 3) Arrange an appointment with the Athletic Director.***

TRYOUT POLICIES

To the extent participation in a sport must be limited based upon facility or practice constraints, the following criteria will apply:

- Choosing the members of athletic teams is the sole responsibility of the coach
- Prior to trying out, the coach shall provide the following information to all candidates for the team:
 1. Extent of try-out period (two- or three-day tryout based on number of participants). Fall tryouts are usually conducted during the second week of August. Winter tryouts are the last week of October and Spring tryouts are the last week of February.
 2. Criteria used to select the team
 3. Number to be selected
 4. Practice commitments
 5. Game commitments
 6. Student-athletes will be notified based on coach's discretion
 7. After team selection an Informational Sports Season Meeting for student-athletes and parents will be held at school to allow for an overview of the upcoming season, meeting with the coach, signing up for parental volunteer duties, and providing student-athletes with uniforms.

JOB DESCRIPTION OF THE ATHLETIC DIRECTOR

Title: Middle School Athletic Director

Qualifications: 1. Previous experience as a coach is desirable
2. Knowledge of overall operation of an athletic program
3. Ability and willingness to administer a program with coaches, the Booster Club and students
4. Any other qualification the Board of Directors may deem necessary.

Reports to: The Magellan Charter School Board of Directors

Performance Responsibilities:

- Work under the direction of the Administrator, Board of Directors and on behalf of the overall athletic program
- Administer all athletic program policies and procedures established by The Magellan Charter School
- Maintain a file on all student-athletes' athletic forms, including but not limited to sign-up, physical examination, certification of accident insurance, sports participation history, athletic participation contract, and parental consent
- Collect and check scholastic eligibility of all athletes
- Oversee the maintenance and inventory of all athletic equipment and provide for its storage
- Place orders of necessary equipment, uniforms, etc with suppliers for upcoming seasons
- Represent The Magellan Charter School at all Triangle Middle School Conference meetings
- Fulfill duties necessary for the continuation of the Triangle Middle School Conference
- Schedule athletic games, meets, and matches
- Schedule/hire game officials
- Advise the Administrator of coaches' concerns about athletic matters
- Authorize and assist in preparing contest sites for scheduled events
- Provide training rules and other unique regulations of the sport to coaches
- Be responsible for all recommendations for the improvement of adequate facilities which shall be directed to the Administrator for consideration and referral at his/her discretion
- Perform other duties as assigned by the Board of Directors in keeping with The Magellan Charter School policies
- Attend Magellan staff meetings if employed by the school
- Recruit and hire coaches for each sport
- Communicate job expectations and responsibilities to each coach
- Meet with each coach upon completion of specific sport season for close-out procedure: summarize seasonal feedback, establish requirements for upcoming season, provide requests/needs regarding equipment, uniforms, parental volunteer responsibilities, etc.

JOB DESCRIPTION OF HEAD ATHLETIC COACH

Title: Middle School Head Athletic Coach

Qualifications: 1. Ability and willingness to organize and supervise a specific sports program

2. Knowledge of the technical aspects of the sport and continuation of examining new theories and procedures pertinent to the field

Reports to: Athletic Director and Administrator

Performance Responsibilities:

- Possess a thorough knowledge of all athletic policy approved by The Magellan Charter School and be responsible for its implementation.
- Maintain discipline, adjust grievances, and work to increase morale and cooperation
- Delineate procedures concerning due process when the enforcement of discipline is necessary
- Make necessary preparations to hold scheduled sport events or practices and adhere to scheduled facility times
- Provide proper safeguards for maintenance and protection of assigned equipment sites
- Advise the Athletic Director of recommended policy, method, or procedural changes
- Provide training rules and regulations of the sport to each athlete
- Monitor each student athlete's grades and conduct on a regular basis
- Attend Magellan staff meetings if employed by the school
- Be present at all practices (with the exception of Magellan staff meetings), games, meets, and matches and provide guidance for each participant
- Adhere to policies concerning injuries, medical attention, and emergencies
- Secure student managers, statisticians, timekeepers as needed
- Participate in the close-out procedure with the Athletic Director
- Be accountable for all equipment and uniforms as well as the collection of fees for non-returned items. Arrange for issuing, storage, and reconditioning of equipment.
- Monitor and assist with the maintenance of equipment rooms
- Ensure student-athletes use only authorized areas of the building at all times
- **Ensure athletes are supervised at all times and are picked up after practices and games.**
- Be responsible for general cleanliness of the facility and maintenance of sport equipment
- Secure all doors, lights, windows and locks before leaving building if custodians are not on duty
- Instill in each player a respect for equipment and school property, its care and proper use
- Perform other duties as assigned by the Athletic Director and Administrator in keeping with The Magellan Charter School policies

NORTH CAROLINA COACHES ASSOCIATION CODE OF ETHICS

When entering the coaching profession, a coach accepts certain obligations and responsibilities to the players, fellow coaches, and to the game each coach directs. If we are to keep the coaching profession at a high level, we must assume all the responsibilities in such a way to give our profession honor and dignity.

- The coach, in contact with each player, should by principle and example set a pattern of behavior for each student, for he/she influences these players more than any other person. Parents put their dearest possessions under your guidance, and you should be sure to see that they are better for having played under you.
- Coaches shall actively promote good sportsmanship of spectators by working closely with administrators, cheerleaders, pep club sponsors, and boosters.
- The coach should meet rival coaches before and after each game and exchange greetings. The coach shall respect and support contest officials by avoiding conduct which will incite players or spectators against officials.
- The coach should see that every injured athlete is given immediate medical attention.
- The coach should remember that his/her first function is to educate a student through participation in athletics.
- The coach shall know the game rules and be responsible for their interpretation to team members. Additionally, the coach shall not try to seek an advantage by circumvention of the spirit or letter of the rules.
- The coach should be sure that every participant fulfills all the rules and regulations for eligibility.
- The coach should inspire every student to achieve the highest academic success possible. The coach shall work in harmony with the entire interscholastic program of the school.
- Every coach should advise players as to the proper conduct in meetings with the press, radio, and how to conduct themselves in player interviews, both for their protection and to avoid any embarrassment.
- The coach shall take an active role in the prevention of alcohol, tobacco and other drug abuse while stressing the importance of a healthy lifestyle.
- The coach shall discipline athletes who display unacceptable behavior.

**REDUCING THE RISK OF CONTRACTING BLOOD BORNE INFECTIONS
(HIV AND HEPATITIS B VIRUS) UNIVERSAL HYGIENIC PRECAUTIONS FOR THE
ATHLETIC SETTING**

1. Before competing, cover any open wounds you might have to reduce the transfer of blood from one open wound to another.
2. Athletes should render first-aid to themselves and cover their own wounds whenever possible. This reduces the risk of transmitting a blood-borne virus from one person to another.
3. When rendering first-aid to others, wear protective gloves anytime blood or other body fluids containing visible blood, open wounds, or mucous membranes are involved. Clean gloves should be worn for each athlete or the recurrence of an injury with the same athlete if any practice has occurred following treatment.
4. If you get someone else's blood or other body fluid containing visible blood on yourself, wear protective gloves and wipe it off with a disposable towel using a solution known to inactivate blood-borne pathogens. Soap and water or antiseptic hand cleaner in conjunction with clean cloth/paper towels or antiseptic towelettes, are recommended by OSHA. Cloth towels should be used only once before laundering and disposable towels/towelettes should be discarded properly. Proper disposal would be the use of a plastic-lined container with a lid, labeled with biohazards waste label.
5. If blood or other body fluids containing visible blood are present during practice or competition, play should be stopped, the injured athlete removed from the activity and given proper attention, and any contaminated surface should be cleaned. A uniform saturated with blood should be changed. Any open wounds should be cleaned, the bleeding should be stopped, and the wounds should be covered before the athlete is allowed to continue participation.
6. Do not use common towels to clean surfaces contaminated with blood or other body fluids containing visible blood. The use of common towels any time during athletics is a very poor health habit. Personalize towels, cups, and water bottles with the individual's name or number.
7. When cleaning contaminated surfaces, use a solution of household bleach and water or a commercially-prepared, EPA-approved solution. The household bleach solution should be mixed fresh daily and should be a dilution of 9 parts water to 1 part bleach.
8. All blood-contaminated linens such as uniforms and towels should be presoaked and then washed in hot, soapy water.
9. Wash all soiled uniforms, towels, and other dirty linen in warm or hot soapy water. Use a normal laundry cycle and follow the washer and detergent manufacturer's recommendations.
10. In general, use good hygienic practices. Shower after each practice or competition, using a liberal amount of soap and water. Avoid sharing towels, cups and water bottles.

**LISTED BELOW ARE THE SPORTS SEASONS AND ATHLETIC PROGRAMS
OFFERED AT THE MAGELLAN CHARTER SCHOOL**

FALL

Boys Soccer
Girls Tennis
Girls Volleyball
Boys & Girls Cross Country

WINTER

Boys & Girls Basketball

SPRING

Girls Soccer
Boys Tennis
Boys Baseball

ATHLETIC PARTICIPATION FORMS

Prior to try-outs, student-athletes must complete all athletic forms and provide to the athletic director to keep on file for the particular school year. These forms include the sports participation history form, physical examination, certification of accident insurance, athletic participation contract, and parental consent form for school trips.

Athletic Participation Contract

I, _____, agree to follow the guidelines below. I also understand that teachers will be contacted by the coach on a regular basis to evaluate attendance, grades, and behavior.

TARGET BEHAVIORS

- Retain passing grades of A, B, or C in all subjects
- Maintain a positive attitude in the classroom
- Follow all classroom and school rules
- Attend school regularly with no unexcused absences
- Attend all practices and games/matches unless the coach is notified prior to a miss
- Maintain a positive, cooperative attitude during practices and games/matches

Student's Signature

Parent's Signature

Date

CERTIFICATION OF ACCIDENT INSURANCE

Your child has indicated an interest in participating in a student activity that requires accident insurance coverage. Please check **A** or **B** below to indicate the method by which the required coverage will be provided. This form must be signed by parent(s)/guardian(s) and returned to Magellan Charter School.

I hereby certify that _____
Name of Student

A. ___ is adequately covered by an accident and/or health and/or hospital insurance policy which is in effect during the present school year. This coverage is through an insurance policy identified below:

Name of Insurance Company Policy Number

B. ___ is enrolled in the Magellan Charter School student accident insurance program. I understand that my child is covered upon receipt of the completed application and receipt of the appropriate premium by the Magellan Charter School.

Parent/Guardian Date

Parent/Guardian Date

Treatment Consent/Authorization for release of Medical Information and Records

Permission is hereby granted to the attending physician to proceed with any medical or surgical treatment for _____. I understand that every effort will be made by the attending physician to contact me prior to treatment.

Permission is also granted to Magellan Charter School to provide any necessary minor or emergency treatment(s) to the above-named student prior to his/her admission to any medical facilities.

Permission is hereby granted to Magellan Charter School or any medical consultant of Magellan Charter School to examine records concerning examination or treatment received by the above-named student for the express purpose of evaluating medical or physical fitness for participation in, or continued participation in any athletic program at Magellan Charter School and to furnish the medical consultant with any reports or copies of medical records said member may request. I understand that these medical records will be kept confidential.

Parent/Guardian Date

Currently Recommended by the NCSM Sports Medicine Committee

SPORTS PARTICIPATION HISTORY FORM

Patient's Name: _____ Age: _____

Athlete's Directions: *Please review all questions with your parent or guardian and answer them to the best of your knowledge.*

Physician's Directions: *We recommend repeating the thirteen questions listed below and carefully reviewing details of any positive answers.*

Yes	No	Don't Know
		1. Has anyone in the athlete's family (grandmother, grandfather, mother, father, brother, sister) died suddenly before age 50?
		2A Has the athlete ever stopped exercising because of dizziness or passed out during exercise?
		2B Has the athlete ever been told he/she has a heart murmur or heart problem?
		3. Does the athlete have asthma (wheezing), hay fever, or coughing spells after exercise?
		4. Has the athlete ever had a broken bone, had to wear a cast, or had an injury to any joint?
		5. Does the athlete have a history of a concussion (getting knocked out)?
		6. Has the athlete ever suffered a heat-related illness (heat stroke)?
		7. Does the athlete have anything he/she wants to talk about to the doctor?
		8. Does the athlete have a chronic illness or see a doctor regularly for any particular problem?
		9. Does the athlete take any medicine?
		10. Is the athlete allergic to any medications or bee stings?
		11. Does the athlete have only one of any paired organs (eyes, ears, kidneys, testicles, ovaries, etc.)?
		12. Does the athlete wear contacts or eye glasses?
		13. Date of last tetanus booster, DATE _____

Elaborate on any positive answer:

I have answered and reviewed the questions above and give permission for my child to participate in sports.

Signature of Parent or Guardian _____

Date _____ Phone # (____) _____

EXAMINATION

Patient's Name _____

1. BP _____ WT _____ (Minimal wt _____) HT _____ Vision (R) _____ (L) _____

2. MUSCULOSKELETAL EXAM

	NORMAL	ABNORMAL	RECORD laxity, weakness, instability, decreased ROM - if abnormal
Neck			
Knee			
Ankle			
Shoulder			
Feet			
Scoliosis/Spine			
Other Orthopedic Problems			

3. CARDIOVASCULAR EXAM

	NORMAL	ABNORMAL	NOT DONE	COMMENTS
ENT				
Chest				
Abdomen				
Genitalia				
Skin				

9. ASSESSMENT: No problems identified Other _____10. RECOMMENDATIONS: Unlimited Limited to specific sports Deferred until: (e.g., rehab., recheck, consultation, lab, etc.)11. RE-EXAM: Yearly and after any injury that limits participation for greater than one week.
 Other _____

I certify that I have examined the above student and that such examination revealed

 Conditions No conditions

that would prevent this student from participation in interscholastic sports.

Licensed to practice medicine in North Carolina? Yes No

Signature _____ Phone # (____) _____ Date: _____

Address: _____

If student is not qualified, list reasons for disqualification: _____

(The following are considered disqualifying until medical conditions and parental releases are obtained: acute infections, obvious growth retardation, diabetes, jaundice, severe visual or auditory impairment, pulmonary insufficiency, organic heart disease or hypertension, enlarged liver or spleen, hernia, musculoskeletal deformity associated with functional loss, history of convulsions or concussions, absence of one kidney, eye, testicle, or ovary, etc.)

The Magellan Charter School
PARENTAL CONSENT
School Trips

Destination/nature of the trip: games and/or practices

Dates of trip: tbd

Form of transportation: parent cars

Name of teacher: coach

Name of student: _____

A school trip is defined as a student of a group of students leaving a school campus under the sponsorship of the school and under the supervision of school employee(s) to extend educational experiences consistent with the general goals and objectives of the total school program. A school trip must be related to the curriculum of the school or to a co-curricular activity (e.g. clubs, ASAP activities) and approved by the school administration.

Transportation for school trips:

If student transportation is by private vehicle, the vehicle owner's liability coverage is applicable to any vehicular accident.

I have read the above statements regarding accident insurance and/or liability coverage on The Magellan Charter School trips. I understand that any accident/incident related expenses other than as covered above would be my responsibility. I consent to my child's participation in this activity.

_____ Parent signature _____ Date